

# Illinois School Health Centers

*Keeping Students Healthy and Ready to Learn*



Illinois Coalition for School Health Centers

*A Project of the Illinois Maternal and Child Health Coalition*

Chicago Asthma Consortium Quarterly  
Meeting, Monday, June 5, 2006

Blair Harvey



# Illinois School Health Centers: *Keeping Students Healthy and Ready to Learn!*

## **Disclosure of Conflict of Interest Information**

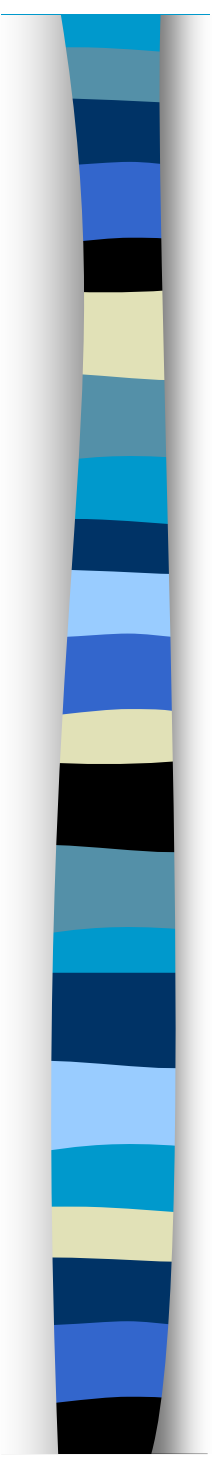
**I have no existing conflict of information to disclose**

AMERICAN COLLEGE OF



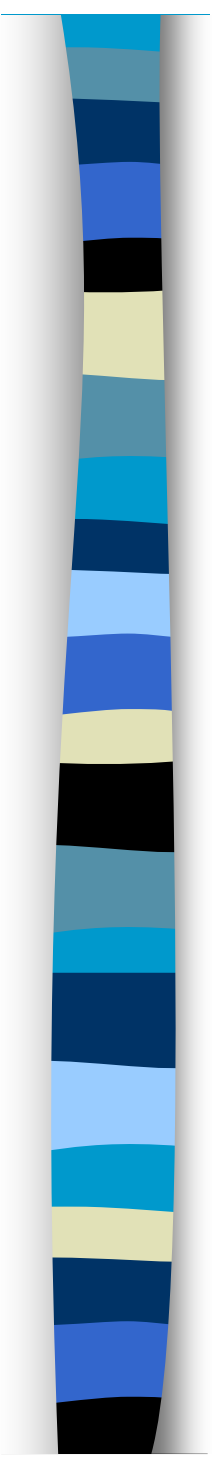
P H Y S I C I A N S

**Disclosure information stated above is current as of June 5, 2006.**



“The school health center has been a Godsend. My chronic asthmatic son was able to receive treatments in school—reducing his lost school days and my lost work time.”

--Parent, Peoria



“My school health center gives kids access to health care to help them with needs or problems they wouldn’t necessarily address otherwise.”

--Student, Evanston  
Township High School



# Illinois Coalition for School Health Centers

## MISSION

“To improve the physical and mental health status of children and adolescents in Illinois by advocating for the development, stabilization and expansion of school health centers.”

## GOALS

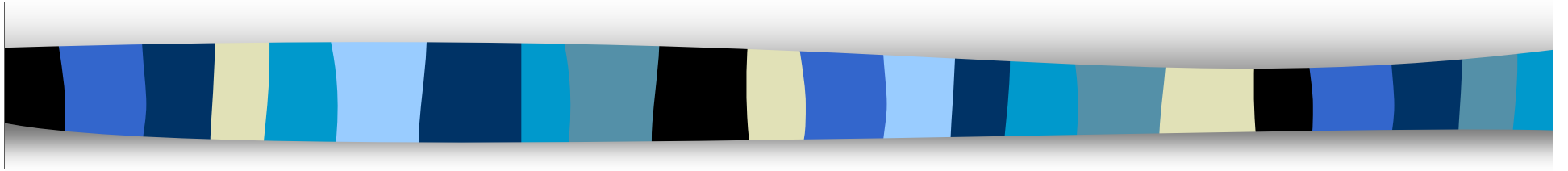
- ◆ advocacy
- ◆ networking
- ◆ quality assurance
- ◆ evaluation
- ◆ funding
- ◆ sustainability



# Desired Outcomes

- Health care access for Illinois children and adolescents
- Understand the school health center model
- How school health centers function in Illinois
- Benefits of school health centers

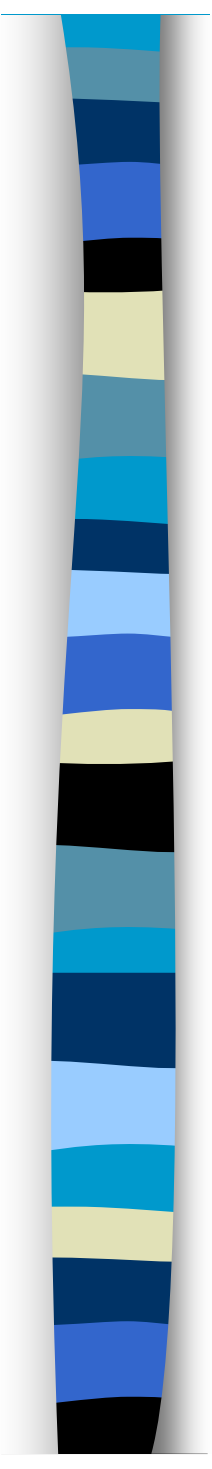
# Health of Illinois' Children & Teens



# Illinois School Health Centers

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Keeping Students Healthy  
& Ready to Learn

- 
- Many of the most significant and costly national health problems are caused by behaviors established during youth:
    - Drug and alcohol abuse
    - Tobacco use
    - High-risk sexual behaviors
    - Inadequate physical activity
    - Poor dietary habits



# 253,000

- Estimated number of children in Illinois under the age of 19 who are uninsured. (2003 Census data, Governor's office 2005)



205,511

- Children in Illinois suffer from asthma (IDPH 2002)



36%

- Illinois high school students and 13% of Illinois middle school students currently use tobacco products (IDPH 2002)



33%

- Illinois high school students reported having sexual intercourse (YRBS 2001)



23%

- Illinois high school students are described as overweight or at risk for becoming overweight (YRBS 2001)



18%

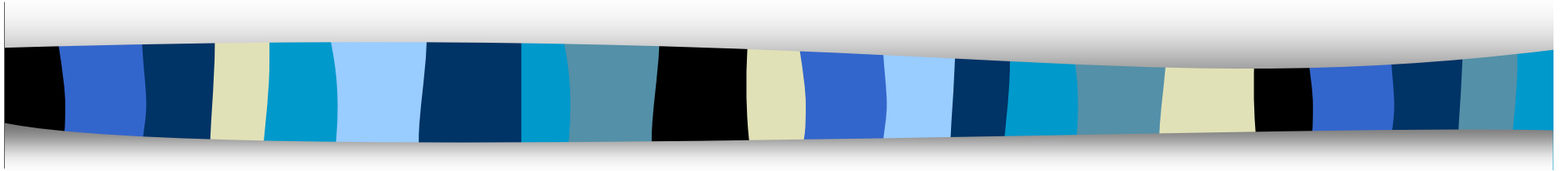
- Illinois high school students who have seriously considered suicide (YRBS 2001)



54%

- Illinois children with evidence of dental decay (IDPH, Division of Oral Health)

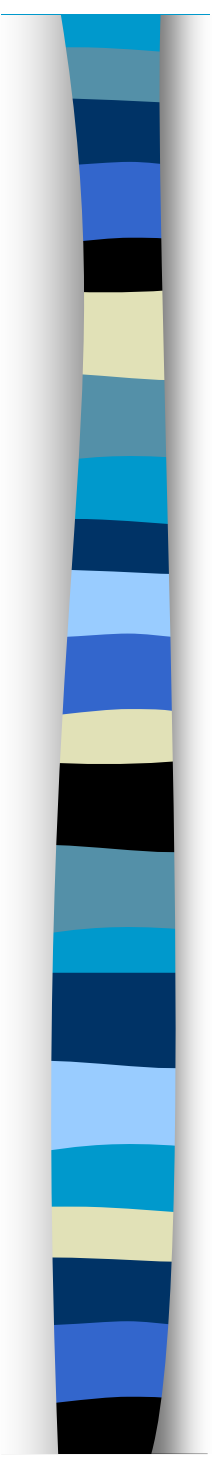
# Access to Health Care



**ACCESS**  

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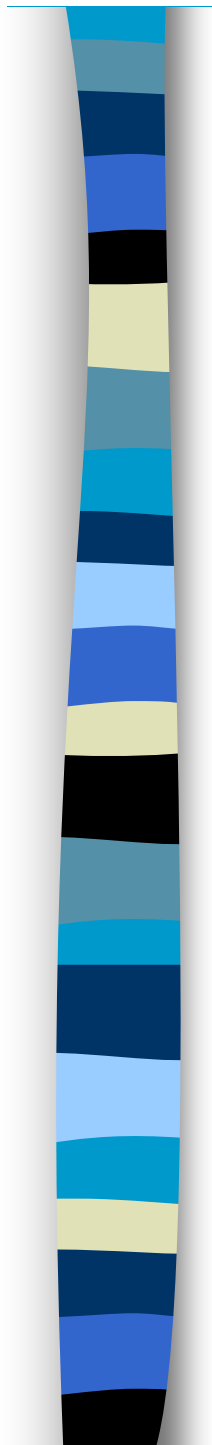
**TO HEALTHCARE**

- 
- In Illinois 253,000 of children and youth aged 0-19 are uninsured
  - Over 70% of Illinois SHC users are either Medicaid/KidCare enrollees or uninsured (IDHS, 2004)
  - Youth aged 10-19 have the lowest utilization rates of any age group and are the least likely to seek care (Klein, 1994)



## What do youth say about barriers to care?

- Lack of Confidentiality
- Lack of Sensitivity
- Lack of Respect
- Intimidated by Providers



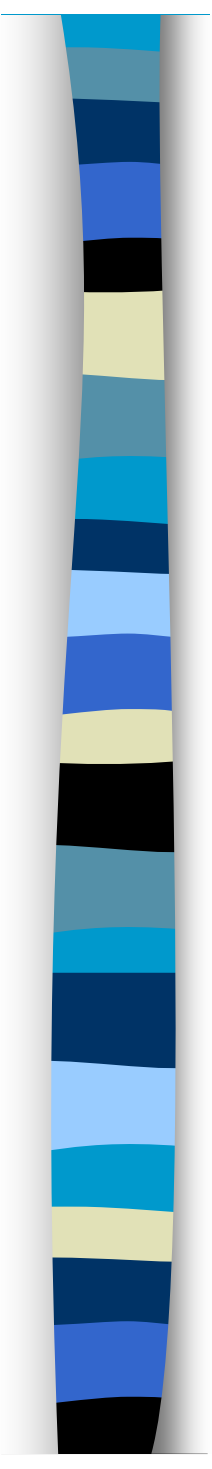
“I’ve never had the benefit of having people help me with as much care and concern as I’ve had at the school health center. It’s entirely convenient; I have a medical doctor, therapist and a dentist that I am able to see without worry of cost.”

Student, Urbana High School



## What do parents say about barriers to health care?

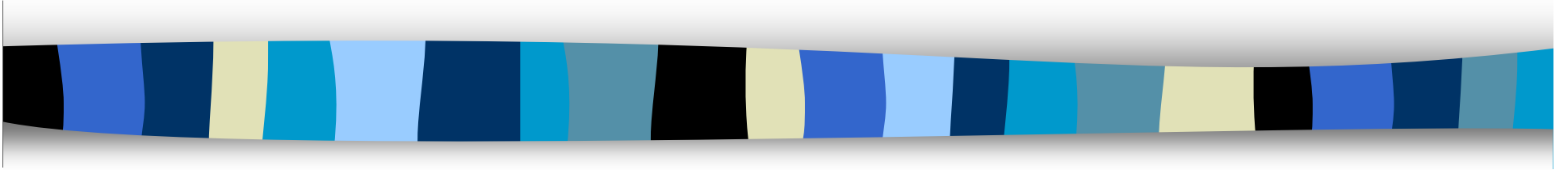
- Cost
- Language
- Loss of Job Time
- Lack of Consistent Provider
- Transportation



“Using the School Wellness Center has been a life changing experience for my family. In a community with limited providers, the school-based facility enables students and faculty to see a health care provider, receive their medicine and never leave the building.

Parent, Gallatin County Unit District #7

# School Health Center Model



**THE MODEL**

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**SCHOOL HEALTH  
CENTERS**



# History of the Model

- First centers opened in MN and TX
- Illinois in 1982 at Austin Community High School
- Illinois Department of Human Services support
- Illinois School Based and Linked Health Centers Standards *(IL Administrative Code)*
- Illinois Coalition for School Health Centers formed in 1996



# What are they?

- *School-based* health centers, located on school grounds.
- *School-linked* health centers, located off school grounds close to a school.



# Core Mission

- Bringing services to students where they learn and grow
- Addressing critical health issues
- Serving kids in need
- Supporting parents
- Supporting schools



# Common Services

- School and Sports Physicals
- Acute Care
- Immunizations
- Mental Health Services
- Risk Assessments
- Dental Care
- Eye Exams
- Nutrition Counseling
- Referrals to Community Agencies
- Preventative & Health Education
- Diagnosis and Treatment of Illness
- Laboratory
- Reproductive Health Services
- Linkages to Support Services
- Benefits Enrollment



# Organizational Structure

- Planned partnerships and on-going advisory from health care providers, school districts, local health departments, faith leaders, community leaders and organizations, parents and students
- Sponsoring agencies can be hospitals, health departments, universities, community health centers, schools and community agencies



# Staffing

- Recommended Staffing is:
  - Medical Director
  - Nurse Practitioner or Physician Assistant
  - Clinically-trained Mental Health Practitioner
  - Health Educator
  - Medical Receptionist/Other Support Staff

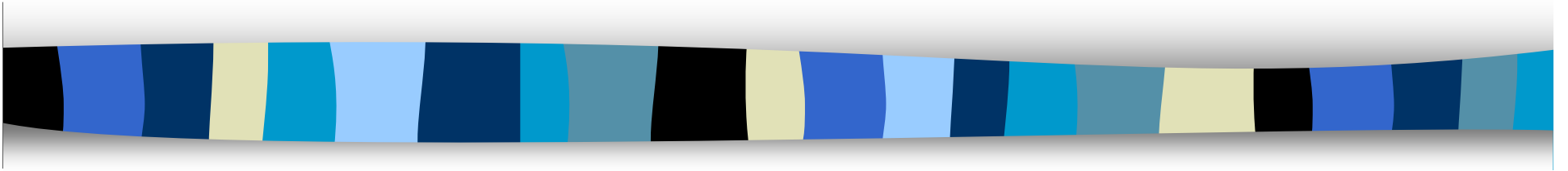


# A Day in the Life of a SHC

**Monday, March 10, 2001: 9:00a.m.-12:00p.m.**

<b>Yolanda, 17 year-old .....</b>	<b>Sore throat</b>
<b>Emilio, 16 year-old.....</b>	<b>ADD/ADHD</b>
<b>Pheng, 19 year-old.....</b>	<b>Immunization</b>
<b>Keesha, 16 year-old.....</b>	<b>No show</b>
<b>Willie, 15 year-old.....</b>	<b>Sports Physical</b>
<b>Carmen, 14 year-old.....</b>	<b>Asthma</b>
<b>Tanya, 14 year-old.....</b>	<b>Depression</b>
<b>Cassandra, 17 year-old.....</b>	<b>Birth Control</b>
<b>Alex, 15 year-old .....</b>	<b>Acne</b>
<b>Neng, 14 year-old.....</b>	<b>Sprained ankle</b>
<b>Julie, 15 year-old .....</b>	<b>Abdominal pain</b>

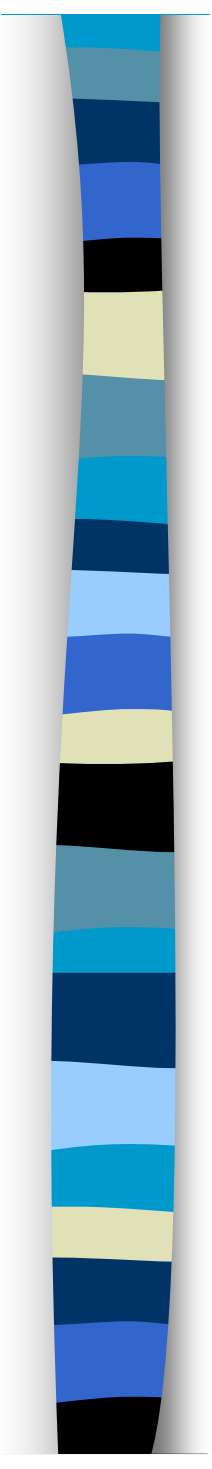
# Benefits of School Health Centers

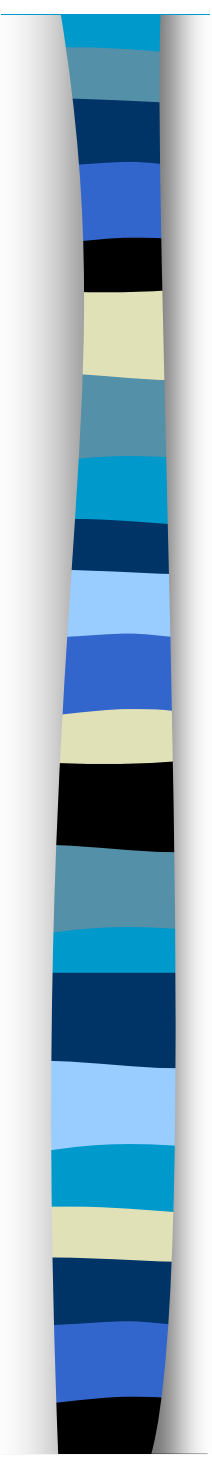


**THE BENEFITS**  

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**SCHOOL HEALTH  
CENTERS**

- 
- Accessible
  - Affordable
  - Child and Adolescent-Friendly Staff

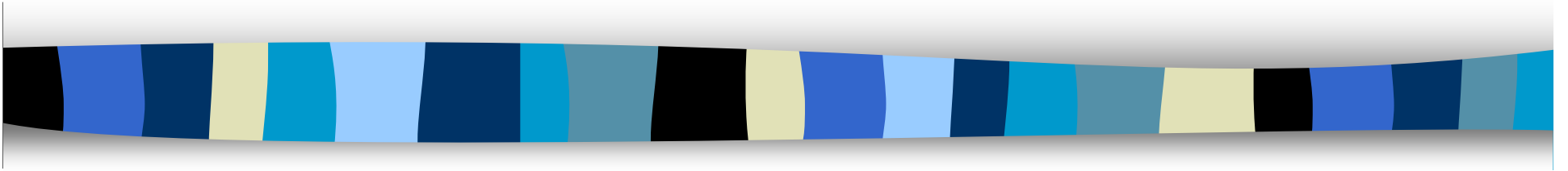
- 
- Safe Environment
  - Promote Healthy Lifestyles
  - One-Stop Shopping



# Savings and Benefits to Illinois

- SHCs save an estimated \$233,000 to \$342,000 per year by reducing asthma hospitalizations.
- SHCs save an estimated \$2.5 million per year by reducing emergency room visits.
- SHCs in Illinois save an estimated \$2.72 million per year by providing immunizations.

# A Proven Track Record



**A PROVEN**  

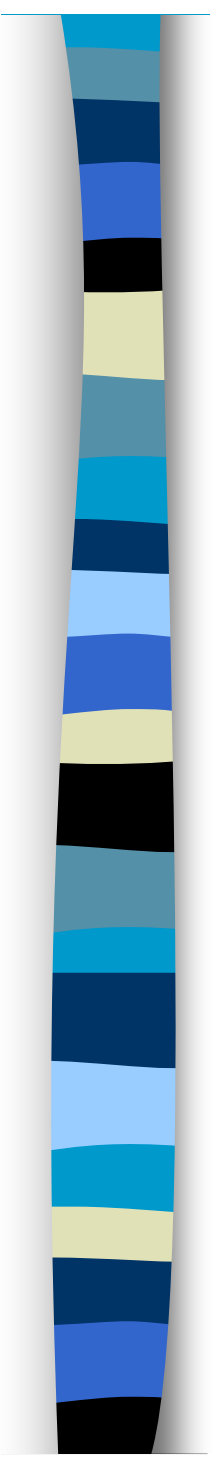
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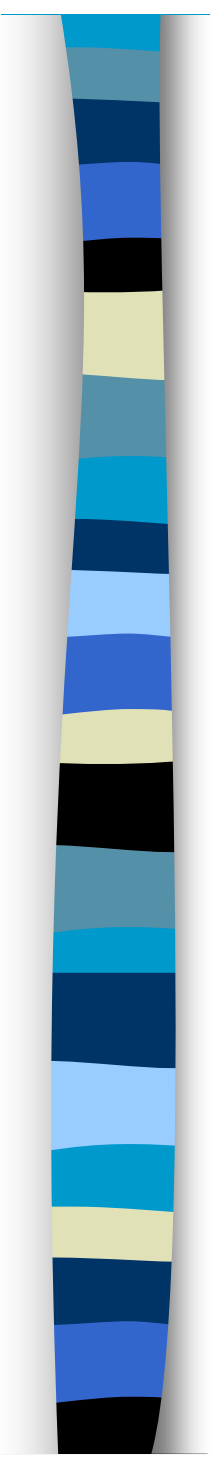
**TRACK RECORD**



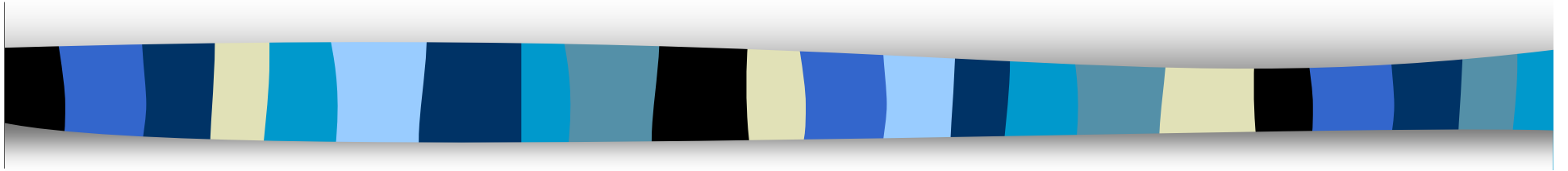
# Quality Care

- Certified model of care
- Providers of services to students regardless of ability to pay
- Providers of 24-hour health care access
- Advisory board and student involvement
- Providers or referrals for family planning services

- 
- Increase preventive health care
  - Decrease school absenteeism
  - Lessen emergency rooms visits
  - Reduce parents' time off from work

- 
- Improve access to mental health and substance abuse services
  - Reduce unhealthy behaviors
  - Reduce health care access disparities
  - Strengthen community services

# Illinois School Health Centers



Keeping Students Healthy and  
Ready to Learn

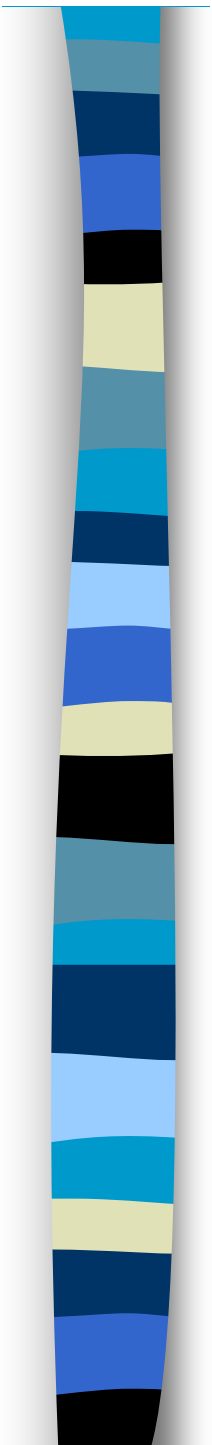
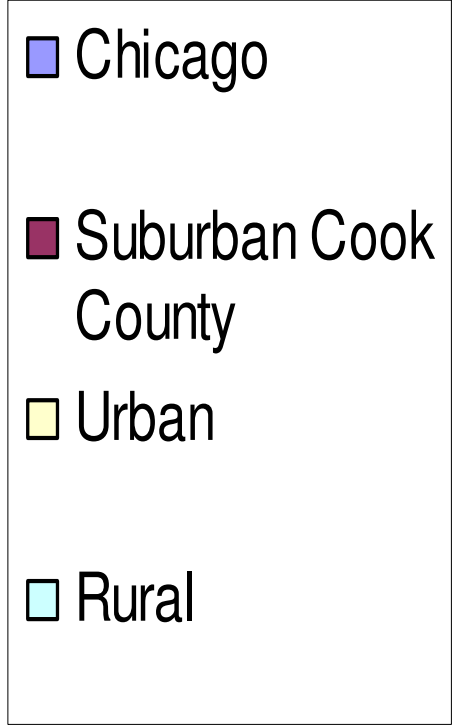
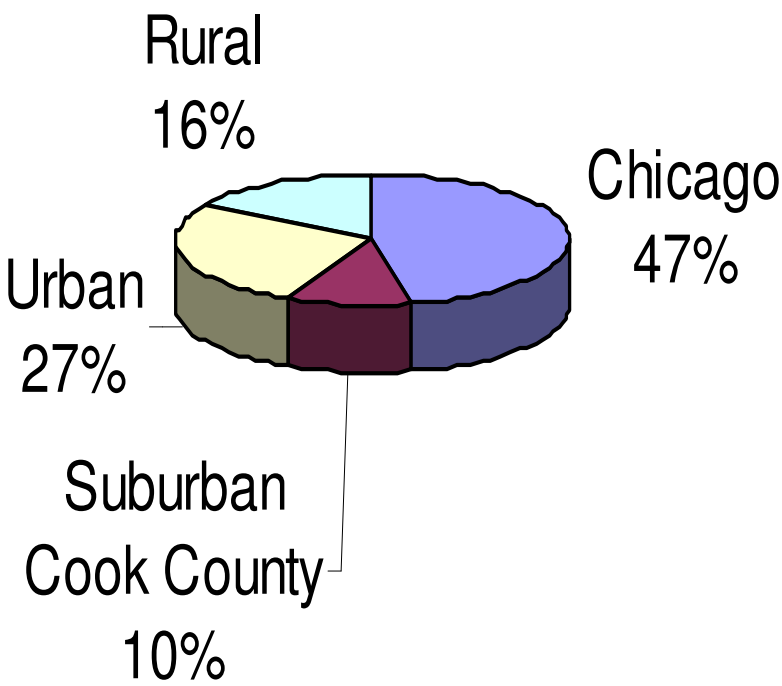
# Illinois School Health Centers

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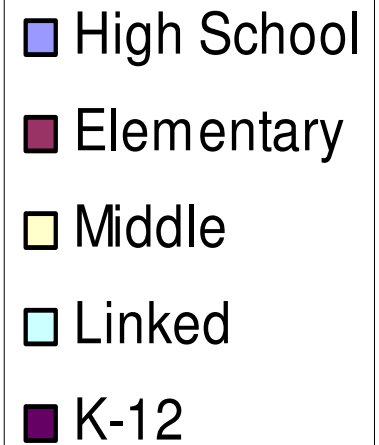
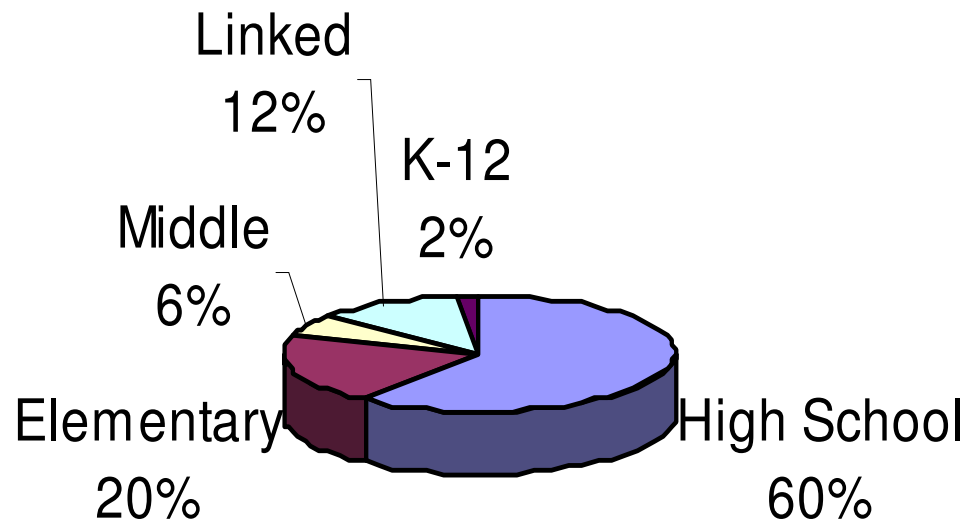
Keeping Students Healthy  
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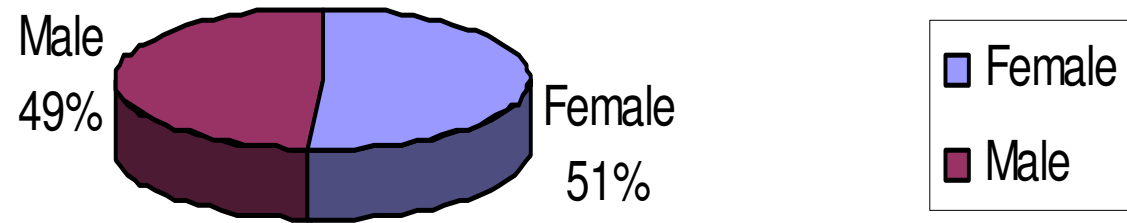
# SHC Community Type



## School Type

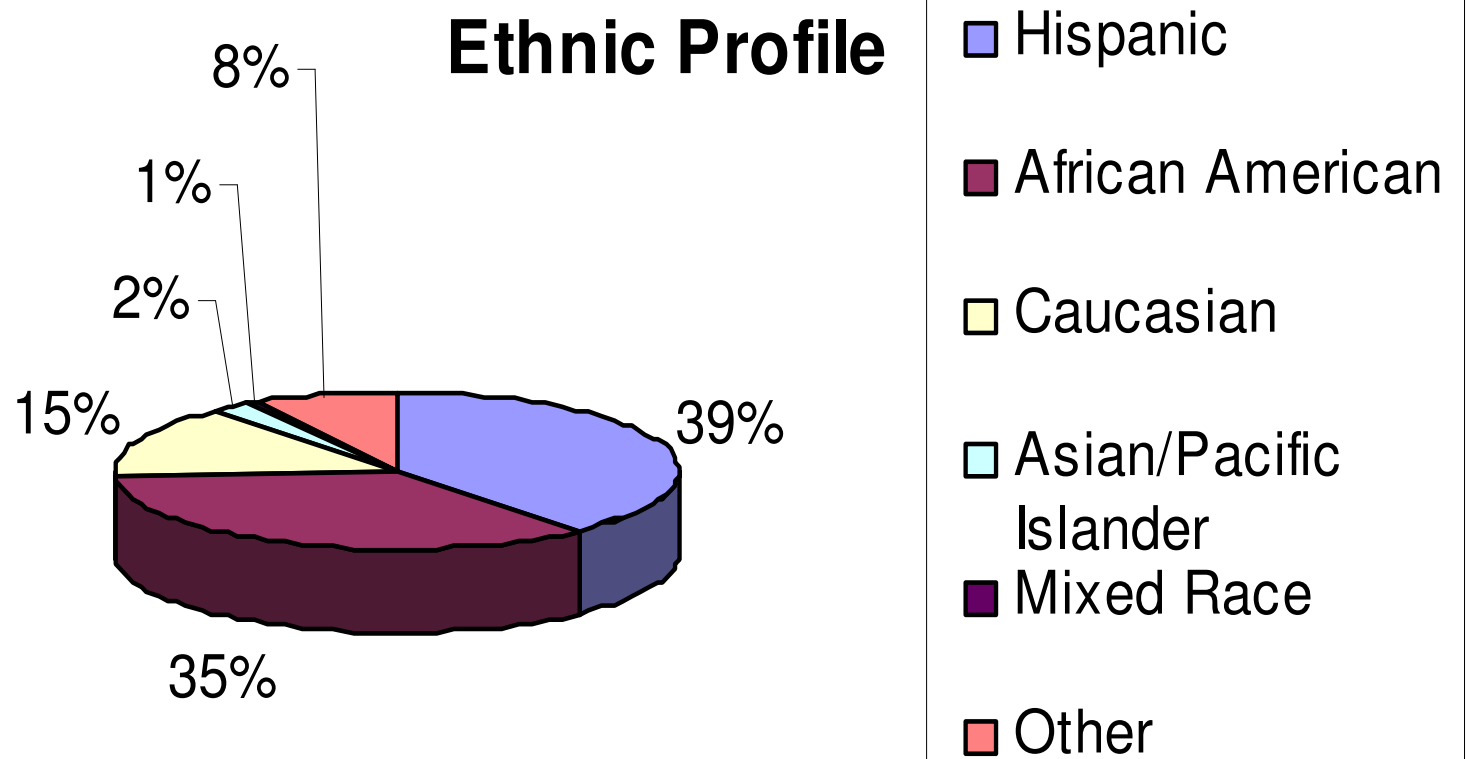


## Students enrolled in SHCs

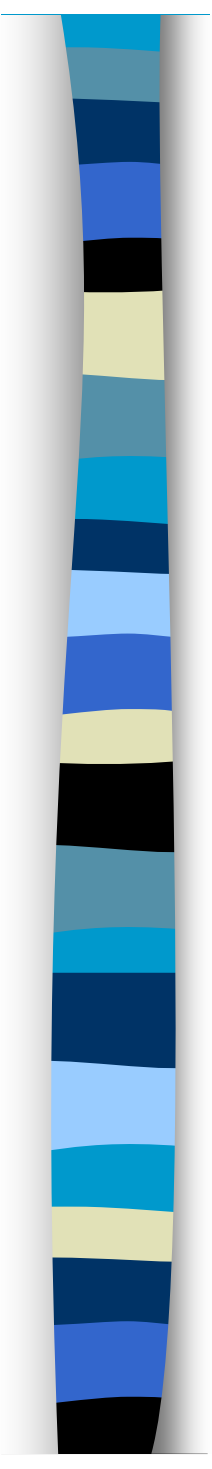


\*Based on data collected from 38 SHCs for school year 2004-05

## Ethnic Profile



\*Based on data collected from 38 SHCs for school year 2004-05

- 
- 70,319 total visits to SHCs for physical, mental health and dental services
  - 29,188 unduplicated students received physical, mental health and dental services
  - 32,320 students received health education
  - 81,897 total students enrolled in SHCs

\*Based on data collected from 38 SHCs for school year 2004-05



# Chicago School Health Centers

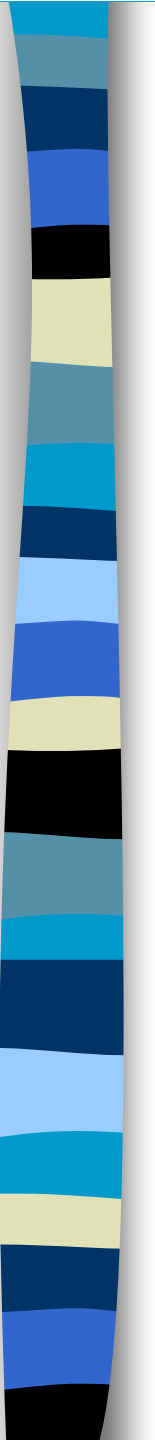
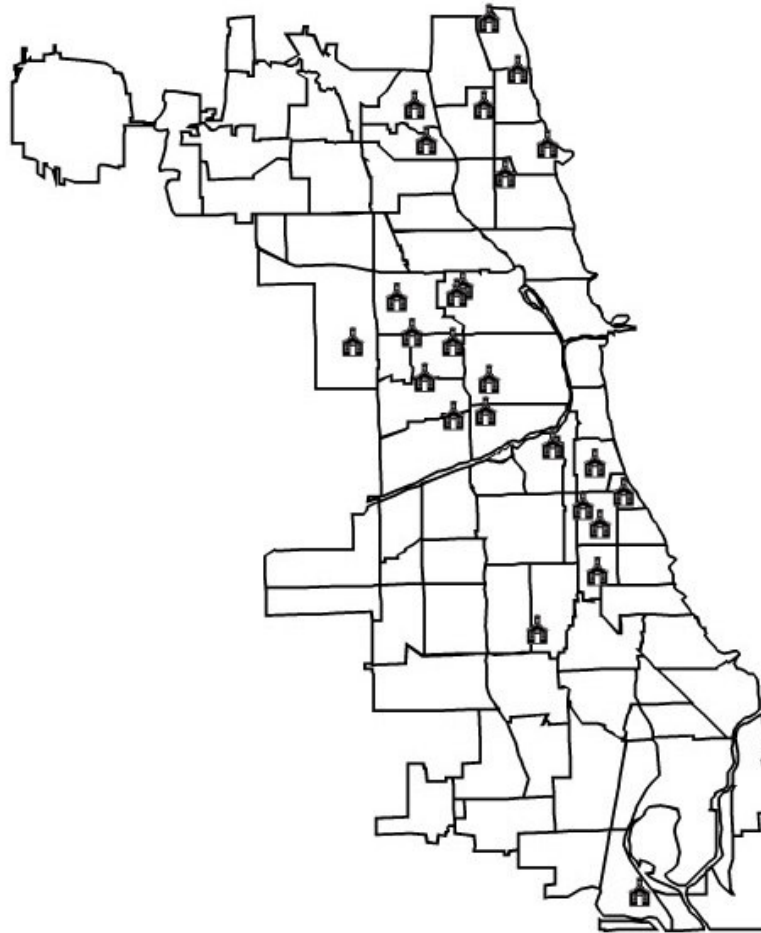
- 23 SHCs
  - 15 High School, 1 Middle, 7 Elementary
  - 2 satellite programs, 2 planning stages
- 31,991 total visits to Chicago SHCs
- 10,864 unduplicated students served
- 24,646 students received health education
- 13,368 students enrolled in Chicago SHCs



# Chicago School Health Centers

- Amundsen H.S.
- Austin Community Academy
- Beethoven Elementary
- Bond Elementary
- The Campus
- Carver Military Academy
- Crane Tech Prep
- Dunbar H.S.
- DuSable H.S.
- Farrugut Career Academy
- Frazier Elementary
- Gladstone Elementary
- Jose de Diego Elementary
- Lakeview H.S.
- National Teacher's Academy
- Phillips Academy
- Roberto Clemente H.S.
- Roosevelt H.S.
- Ryerson School
- Senn H.S.
- Sullivan H.S.
- Uplift Community School
- Young Women's Leadership Charter School
- Satellites: Smyth & Northside Prep
- Planning: Washington H.S. & Westinghouse H.S.

# 23 SHCs in Chicago





# Common Challenges

- Sustainability
- Lack of evaluation data
- Coordinating health & education priorities in a school setting
- Dilution of the SHC model



# How to get involved

- Collaborate
- Support ICSHC



## ICSHC would like to thank the following for their contributions to the video:

- **Frazier SHC:** Amy Valukas, Sandra Rigsbee, Sheryl Fitzgerald and Marian Byrd
- Advisory Board Chair Donna Hill
- Students: Charles Kindred, Keitrion Lewis, Dajanae Watts, Travis Allison, Damonique Brown, Diamonique Scott and Zhane Hampton
- **Bond Healthy Living Center:** Alveana Cunningham, Vivian Price, Dr. Joel Augustine
- Bond Elementary School Principal, Alfonso Carrington
- Advisory Board Member Winifred French and Student Leah Wickes
- **Maine East SHC:** Therese Hanigan and Candance Dusenberg
- Students: Tasia Plott, Gisela Gomez and Rincy Panicker
- Maine East High School Principal, David Barker
- School Nurse, Janice Karl and Teacher, Sharon Baima-Sendaydiego
- **Roosevelt SHC:** Sue Murray, Aimee Rodriguez, Millie Castro, Yesenia Maldonado and Marla Goldsmith
- Alderman Margaret Laurino
- Students: Nicholas Rodriguez and Matasha Cook
- School Nurse: Mary Tyrrell and Community Partner Andrea Kuebbeler
- **Urbana SHC:** Dr. Kim Glow, Dr. Patricia Scott, Pam Connor and Natalie Martin
- Urbana School District 116 Superintendent Gene Amberg
- Social Worker Grace Mitchell
- Illinois State Representative Naomi Jakobsson
- **Marion Unit #2 Wellness Center:** Kari Bruce, Sue Easton, Marsha Meiners and Laura Schimmel
- Parent Michelle Hamilton and Student Brook Hamilton
- **Gallatin County Wellness Center:** Roxie Doerr, Mary Ozee and Kate Scates
- Teacher Michele Raper
- Superintendent Les Oyler



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  - Karen Berg or Blair Harvey, 312-491-8161, [icshc@ilmaternal.org](mailto:icshc@ilmaternal.org), [www.ilmaternal.org](http://www.ilmaternal.org)
- National Assembly on School-Based Health Care
  - [www.nasbhc.org](http://www.nasbhc.org), [info@nasbhc.org](mailto:info@nasbhc.org)
- Illinois Dept. of Human Services, Office of Family Health
  - Victoria Jackson, School Health Consultant, 217-785-5368, [dhsfh17@dhs.state.il.us](mailto:dhsfh17@dhs.state.il.us)



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- Illinois Department of Human Services, SBHC Stats FY2004, FY2005 (IDHS)
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